



Passion Pilates
Body & Soul • Corps & Âmes

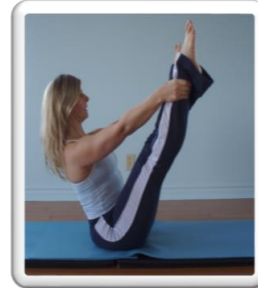
L'Institut Pilates de l'Ouest-de-l'Île
The West-Island Pilates Institute

pilates • yoga • therapie

Calendrier de Certification Pilates 2026 Pilates Certification Calendar 2026 / 2027

Certification Pilates Niveau 1 / Pilates Certification Level 1

	Vendredi / Friday	Samedi / Saturday	Dimanche / Sunday
MAI / MAY 15 & 16 & 17 29 & 30 & 31	17:00 - 21:00 17:00 - 21:00	9:00 - 16:00 9:00 - 16:00	9:00 - 16:00 9:00 - 16:00
JUIN / JUNE INTENSIVE 20 - 28		EVERYDAY FROM 9:00-4:00	
JUILLET/JULY 10 & 11 & 12	17:00 - 21:00	9:00 - 16:00	9:00 - 16:00
AOÛT/ AUGUST 1 & 2 21 & 22 & 23	17:00 - 21:00	9:00 - 16:00 9:00 - 16:00	9:00 - 16:00 9:00 - 16:00



EXAMEN / EXAM
SEPTEMBRE/SEPTEMBER 20th, 2026

Certification Pilates Niveau 2 / Pilates Certification Level 2 - 2026 CADDILLAC

NOVEMBRE / NOVEMBER

7 & 8	10:00 - 17:00	10:00 - 17:00
14 & 15	10:00 - 17:00	10:00 - 17:00
28 & 29	10:00 - 17:00	10:00 - 17:00

EXAMEN / EXAM QUIZ & HOMEWORK

CHAIR & LADDER BARREL

2027

to be determined



EXAMEN / EXAM QUIZ & HOMEWORK